



## **CMHA Intro to Hockey (U7 & U9) – Coach & Team Staff Expectations**

As a coach or team staff member in CMHA's **Intro to Hockey Program**, you play an important role in helping young players enjoy their first hockey experiences.

### **1. Coaching Philosophy**

- Focus on **fun, skill-building, and teamwork** over competition.
- Create a safe, supportive environment where all players feel included.
- Encourage effort, learning, and sportsmanship at every session.

### **2. Responsibilities**

- Attend and lead all practices and games.
- Prepare age-appropriate practice plans focused on basic skills and fun activities.
- Communicate clearly with families about schedules and expectations.
- Collaborate respectfully with team managers, volunteers, and officials.

### **3. Conduct & Respect**

- Be a role model for players by demonstrating calm, professional conduct.
- Respect players, parents, referees, volunteers, and the game.

- Handle challenges with patience and positivity.

#### 4. CMHA Core Values



We treat teammates, opponents, coaches and officials with dignity and kindness, both on and off the ice. Respect creates a team culture.

**R**ESPECT

We give our best every shift, every practice, and every game. Success is built on consistent hard work.

**E**FFORT

We approach challenges with positivity, sportsmanship, and resilience. A strong attitude drives growth and team spirit.

**A**TTITUDE

We bring our best to every battle, no matter the score. Competing with heart strengthens character and teamwork.

**C**OMPETE

We represent our community with pride and integrity. Every action reflects our commitment to the game and each other.

**H**ONOR

## **5. Closing:**

Intro to Hockey coaches are mentors and leaders who spark a lifelong love of the game. Thank you for dedicating your time and energy to CMHA's youngest players.